



Halibut Fletches

Retains Moisture
Low in Fat & Sodium
Very Versatile Whitefish

Halibut Fletches

Cut from small halibut, Toppits Halibut Fletches have a natural shape and are a great alternative to a preportioned fillet, as they offer the flexibility to customize the final portion size to serve any entrée, meal, or recipe. A long-time favourite, this whitefish's high quality, thick white flakes, and mild buttery flavour make it a great option for fish n' chips or centre of the plate menu options. Low in fat and sodium, Toppits Halibut Fletches are an excellent addition to any menu!



Features & Benefits

- High quality flaky whitefish with a firm texture and nutty, buttery flavour - this profile makes this fish very versatile, lending itself to different recipes
- Fletches offer the ability to customize portion sizes for any application
- Low in fat, sodium and saturated fatty acids

Nutrition Facts	
Valeur nutritive	
Per 100 g / par 100 g	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 110	
Fat / Lipides 2 g	3 %
Saturated / saturés 0.3 g + Trans / trans 0 g	2 %
Cholesterol / Cholestérol 30 mg	
Sodium / Sodium 55 mg	2 %
Carbohydrate / Glucides 0 g	0 %
Fibre / Fibres 0 g	0 %
Sugars / Sucres 0 g	
Protein / Protéines 21 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	4 %
Iron / Fer	6 %

Item	Description	Brand	Origin	Pack	UPC	SCC
HAL13410	Halibut Fletches 6-8 oz IQF (Skinless/Boneless)	Toppits	USA/Canada	1/10 lb	068689134102	10068689134109
HAL13411	Halibut Fletches 8-16 oz IQF (Skinless/Boneless)	Toppits	USA/Canada	1/10 lb	068689134119	10068689134116
HAL13624	Halibut Fletches 1-3 lb IQF (Skinless/Boneless)	Toppits	USA/Canada	1/25 lb	068689136243	10068689136240
HAL13625	Halibut Fletches 3-5 lb IQF (Skinless/Boneless)	Toppits	USA/Canada	1/25 lb	068689136250	10068689136257
HAL13626	Halibut Fletches 5-8 lb IQF (Skinless/Boneless)	Toppits	USA/Canada	1/25 lb	068689136267	10068689136264

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