



Brew'n'Battered Haddock

- Source of Protein
- No Skilled Labour Required
- Delicious Taste and Texture



4 oz fillet



8.5 oz fillet

Features & Benefits

- Unique batter has a delicious beer flavour and creates a crispy texture with a mild fish bite
- 100% yield results in no waste and no mess
- Cost effective, as portion sizes are consistent and no labour is required
- Easy to use product: simply deep fry from frozen state until golden brown and serve
- Made in Canada
- From an MSC certified sustainable fishery.

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HADB15184

Nutrition Facts		Valeur nutritive	
Per 1 piece (83 g) pour 1 morceau (83 g)			
Calories 170		% Daily Value*	
Fat / Lipides 9 g			12 %
Saturated / saturés 1 g			6 %
+ Trans / trans 0.2 g			
Carbohydrate / Glucides 12 g			0 %
Fibre / Fibres 0 g			0 %
Sugars / Sucres 0 g			
Protein / Protéines 11 g			
Cholesterol / Cholestérol 25 mg			
Sodium 280 mg			12 %
Potassium 175 mg			4 %
Calcium 10 mg			1 %
Iron / Fer 0.75 mg			4 %
*5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup			

TV13270

Nutrition Facts		Valeur nutritive	
Per 1 piece (113 g) pour 1 morceau (113 g)			
Calories 220		% Daily Value*	
Fat / Lipides 12 g			16 %
Saturated / saturés 1 g			5 %
+ Trans / trans 0 g			
Carbohydrate / Glucides 16 g			4 %
Fibre / Fibres 1 g			0 %
Sugars / Sucres 0 g			
Protein / Protéines 13 g			
Cholesterol / Cholestérol 35 mg			
Sodium 370 mg			16 %
Potassium 200 mg			4 %
Calcium 20 mg			2 %
Iron / Fer 1 mg			6 %
*5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup			

TV13273

Nutrition Facts		Valeur nutritive	
Per 1/2 piece (120 g) pour 1/2 morceau (120 g)			
Calories 240		% Daily Value*	
Fat / Lipides 13 g			17 %
Saturated / saturés 1 g			5 %
+ Trans / trans 0 g			
Carbohydrate / Glucides 17 g			4 %
Fibre / Fibres 1 g			0 %
Sugars / Sucres 0 g			
Protein / Protéines 14 g			
Cholesterol / Cholestérol 40 mg			
Sodium 390 mg			17 %
Potassium 200 mg			4 %
Calcium 20 mg			2 %
Iron / Fer 1 mg			6 %
*5% or less is a little, 15% or more is a lot / *5% ou moins c'est peu, 15% ou plus c'est beaucoup			

Cooking Instructions

Deep Fry: Cook from frozen state at 350°F (177°C) for 8-9 minutes or until done.

Convection oven: Preheat oven to 400°F (204°C). Place product on baking sheet, bake for 20-22 minutes.

Conventional Oven: Preheat oven to 425°F (218°C). Place product on baking sheet, bake for 28-32 minutes, flipping the product half-way through baking. Note: Cook to an internal of 158°F (70°C).

Note: Cook to an internal temperature of 165°F (74°C).

Item	Description	Brand	Origin	Pack	SCC
HADB15184	Brew'n'Battered Haddock Fillet, 3 oz	Toppits	Canada	2/5 lb	10068689151847
TV13270	Brew'n'Battered Haddock Fillet, 4 oz	Toppits	Canada	2/5 lb	10068689132709
TV13273	Brew'n'Battered Haddock Fillet, 8.5 oz	Toppits	Canada	2/5 lb	10068689132730

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