



Cooked Salmon Pieces

Simply Thaw and Serve Low in Sodium Great Plate Presentation

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A perfect complement to any dish, Toppits
Cooked Salmon Pieces help make the ordinary,
extraordinary. Pre-cooked and chunked, simply
defrost salmon and add to pastas, salads, or
anything else you can think up. An excellent source
of protein, low in sodium and low in saturated fatty
acids, these pieces are ideal for any healthy menu.
With a beautiful salmon colour, Toppits Cooked
Salmon Pieces complement any plate presentation.
So convenient, this product is a must-have!



Features & Benefits

- Precooked and cut so you can simply thaw and serve. This
 convenience saves you time and the need for more labour
- Excellent source of protein, low in sodium and low in saturated fatty acids, these pieces can be used in healthy applications
- No cutting required and therefore no wasted product 100% yield
- Ocean Wise ™ Approved Sustainable



Cooking Instructions

Remove desired amount of product from packaging, place in covered container and thaw in refrigerator overnight. Remove from package and add to any dish, hot or cold. DO NOT REFREEZE.

Nutrition Facts					
Valeur nutritive					
Per approximately 8 pieces (100 g) Portion environ 8 morceaux (100 g)					
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Amount % Daily Value Teneur % valeur quotidienne					
Calories / Calories 150					
Fat / Lipides 5 g	8	%			
Saturated / saturés 1 g + Trans / trans 0 g	5	%			
Polyunsaturated / polyinsaturés 1 g					
Omega-6 / oméga-6 0.1 g					
Omega-3 / oméga-3 0.9 g					
Monounsaturated / monoinsaturés 2	g				
Cholesterol / Cholestérol 95 mg					
Sodium / Sodium 65 mg	3	%			
Potassium / Potassium 550 mg	16	%			
Carbohydrate / Glucides 0 g	0	%			
Fibre / Fibres 0 g	0	%			
Sugars / Sucres 0 g					
Protein / Protéines 26 g					
Vitamin A / Vitamine A	4	%			
Vitamin C / Vitamine C	0	%			
Calcium / Calcium	2	%			
Iron / Fer	6	%			
Vitamin D / Vitamine D	100	%			
Thiamine / Thiamine	8	%			
Niacin / Niacine	60	%			
Vitamin B ₁₂ / Vitamine B ₁₂	100	%			
Magnesium / Magnésium	10	%			
Zinc / Zinc	6	%			

ltem	Description	Brand	Origin	Pack	SCC
SALPCQ10	Pre-Cooked Wild Salmon Pieces	Toppits	China	1/10 lb	10068689124629

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