

TOPPITS®

QUALITY SINCE 1899



Crispy Golden Pollock Bites

Crunchy Flavourful Coating
Cut from Whole Muscle Fillets
Wild Caught

Crispy Golden Pollock Bites

Toppits is proud to introduce Crispy Golden Pollock Bites. Made from the finest wild caught skinless fillets, this product is certified sustainable from the Marine Stewardship Council. This consistent sized product is flash frozen to retain freshness and dipped in a unique flavourful batter. Enjoy Toppits Crispy Golden Pollock Bites with your favourite dip and we are sure it'll be irresistible every time.



Features & Benefits

- Crunch and crispy coating
- Tender flaky fish
- Hand cut from whole muscle fillets
- Consistent sizing
- Wild caught
- From an MSC certified sustainable fishery www.msc.org



Cooking Instructions

Deep Fry: Preheat oil to 365°F (180°C). Deep fry frozen fish for 4-5 minutes or until golden brown.

Conventional Oven: Preheat oven to 428°F (220°C). Place frozen fish on a pre-heated baking rack and bake for 20-22 minutes or until golden brown, turning over halfway through cooking.

Note: Cook to an internal temperature of 158°F (70°C).

Nutrition Facts Valeur nutritive

Per approximately 5 pieces (100 g)
pour environ 5 morceaux (100 g)

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories 180	
Fat / Lipides 9 g	14 %
Saturated / saturés 1.5 g + Trans / trans 0 g	8 %
Cholesterol / Cholestérol 20 mg	
Sodium / Sodium 500 mg	21 %
Carbohydrate / Glucides 15 g	5 %
Fibre / Fibres 2 g	8 %
Sugars / Sucres 2 g	
Protein / Protéines 11 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	0 %

Ingredients

Alaskan pollock, Wheat flour, Water, Canola oil, Modified corn starch, Sugar, Rice flour, Salt, Sodium phosphate, Sodium bicarbonate, Milk powder, Artificial flavour.

Contains: Fish, Wheat, Milk. **May contain:** Crustaceans, Shellfish, Eggs, Soy, Mustard.

Item	Description	Brand	Origin	Pack	SCC
TV14247	Crispy Golden Pollock Bites	Toppits	Malaysia	2/5 lb	10068689142470

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