



# Atlantic Salmon

Chemical-Free  
Tightly Controlled Portions  
Excellent Source of Protein

# Atlantic Salmon

Toppits Atlantic Salmon is mild in taste and has a moist, buttery, firm texture with large flakes and vibrant orange colour. Pre-portioned, consistent sizing ensures no waste and eliminates the need for skilled labour. This healthy offering can be baked, broiled, grilled, poached or smoked. It is an excellent source of Omega-3 polyunsaturated fatty acids. It makes versatile centre of the plate option and is an excellent addition to any menu.



## Features & Benefits

- Untreated, chemical-free
- Mild taste, moist and buttery texture, moderate firm with large flakes, bright colour
- Can be baked, broiled, grilled, poached or smoked
- Excellent source of protein, low in saturated fatty acids, low in sodium, source of vitamin C, source of Omega-3 polyunsaturated fatty acids

Nutrition Facts	
Valeur nutritive	
Per 100 g / par 100 g	
Amount	% Daily Value
Teneur	% valeur quotidienne
<b>Calories / Calories</b> 210	
<b>Fat / Lipides</b> 13 g	<b>20 %</b>
Saturated / saturés 3 g	<b>15 %</b>
+ Trans / trans 0 g	
Polyunsaturated / polyinsaturés 3.5 g	
Omega-6 / oméga-6 1 g	
Omega-3 / oméga-3 2.5 g	
Monounsaturated / monoinsaturés 3.5 g	
<b>Cholesterol / Cholestérol</b> 55 mg	
<b>Sodium / Sodium</b> 60 mg	<b>3 %</b>
<b>Carbohydrate / Glucides</b> 0 g	<b>0 %</b>
Fibre / Fibres 0 g	<b>0 %</b>
Sugars / Sucres 0 g	
<b>Protein / Protéines</b> 20 g	
Vitamin A / Vitamine A	2 %
Vitamin C / Vitamine C	6 %
Calcium / Calcium	2 %
Iron / Fer	2 %

Item	Description	Brand	Origin	Pack	SCC
SALP14339	Atlantic Salmon Portion Chem-Free, 6 oz	Toppits	Chile	1/10 lb	10068689143392
SALP14337	Atlantic Salmon Portion Chem-Free, 8 oz	Toppits	Chile	1/10 lb	10068689143378
SALPC14638	ASC Atlantic Salmon Portions IVP, 6 oz Skin-On (Centre Cut/Boneless)	Toppits	Chile	1/10 lb	10068689146386
SALPC14639	ASC Atlantic Salmon Portions, 6 oz Skin-Off (Centre Cut/Boneless)	Toppits	Chile	1/10 lb	10068689146393
SALBP14326	ASC Atlantic Salmon Bias Cut Portions Chem-Free, 7 oz	Toppits	Chile	1/10 lb	10068689143262
SALF14327	Atlantic Salmon Fillets Chem-Free, 2-3 lb Skin-On	Toppits	Chile	1/10 kg	10068689143279
SALF14328	Atlantic Salmon Fillets Chem-Free, 3-4 lb Skin-On	Toppits	Chile	1/10 kg	10068689143286

301 Chrislea Road  
 Vaughan, ON L4L 8N4  
 Tel: 905-850-8900  
 Fax: 905-850-8910  
 info@toppits.com



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