

Labour Saving **Seafood Options**

Brew'n'Battered Cod, 4 oz



TV13916

Unique batter has a delicious beer flavour and creates a crispy texture. Portion controlled and cost effective.



Savoury Lemon Sole (Gluten Free)



TV13866

Hand-cut from whole fillets, this gluten free option is portion controlled and a healthy option.



Oven Crisp Cod Nuggets



TV13265

Crunchy and flavourful fish nugget that offers wide appeal. Hand cut from whole fish, ovenready and versatile.



Cooked Shrimp Medley



PCSC6080WT10

Peeled, deveined with tail removed, perfect for stir-frys, pastas, soups, salads and tacos. Cooked shrimp eliminates added labour.

Brew'n'Battered Haddock, 4 oz



Pizza Fingers

TV13270









AM100T050

A pizza lovers dream. Hand-made with real pepperoni and mozzarella. Easy to cook and serve appetizer or side dish.

Crispy Golden Pollock Bites



TV14247

Wild-caught and hand-cut from whole muscle for a tender flaky fish. Easy to cook and serve for lunch or dinner dish.



Cooked Salmon Pieces





