

# TOPPITS®

QUALITY SINCE 1899



## Albacore Tuna

*Mild and Rich Taste*

*Low in Fat and Sodium*

*Ocean Wise Recommended*



# Albacore Tuna

Often referred to as 'white meat' tuna, Toppits Albacore Tuna is wild caught and Ocean Wise Recommended. Perfect for grilling or searing, this tuna species is rich tasting and full of flavour with a firm texture and beautiful large flakes. Albacore Tuna is an excellent source of protein and is low in fat and sodium, making it a healthy alternative across various applications. Once cooked, this tuna will have an off-white appearance and offers a unique, appealing plate presentation.



## Product Features

- Great for grilling - cooks quickly, saving both time and labour
- Unique off-white coloured fish offers a visually appealing plate presentation
- Excellent source of protein and source of iron
- Low in fat, low in saturated fatty acids and low in sodium
- Ocean Wise Recommended



### DEFROSTING INSTRUCTIONS

Thaw in refrigerator overnight in a shallow pan. Do not refreeze!



Nutrition Facts		Valeur nutritive	
Per 100 g pour 100 g			
<b>Calories</b> 110		% Daily Value*	
		% valeur quotidienne*	
<b>Fat / Lipides</b> 0 g			0 %
Saturated / saturés 0 g			0 %
+ Trans / trans 0 g			
<b>Carbohydrate / Glucides</b> 0 g			
Fibre / Fibres 0 g			0 %
Sugars / Sucres 0 g			0 %
<b>Protein / Protéines</b> 24 g			
<b>Cholesterol / Cholestérol</b> 40 mg			
<b>Sodium</b> 45 mg			2 %
Potassium 450 mg			10 %
Calcium 0 mg			0 %
Iron / Fer 0.75 mg			4 %
*5% or less is a little, 15% or more is a lot			
*5% ou moins c'est peu, 15% ou plus c'est beaucoup			

TUNA12P10

Item	Description	Brand	Origin	Pack	SCC
TUNA12P10	Albacore Tuna Loins 1-2 lb VP (Skinless and boneless)	Toppits	China/Canada	1/10 lb	10068689137070

Gadus chalcogramma | Catch Method: Wild