



# **Crunchy Calamari Bites**

Crunchy Premium Coating Wild Caught Naturally Tender Squid



## **Crunchy Calamari Bites**

Toppits Crunchy Calamari Bites are one of our most popular appetizer offerings. These crunchy, flavourful tender calamari bites are offered in 2 different varieties, offering a wide appeal to you and your guests; Sea Salt & Peppercorn, and Firecracker. Simply bake or deep fry the product from frozen and serve as an appetizer with a fun dipping sauce, as a delicious snack or use on top your salads for an added crunch. These irresistible bite sized treats are sure to impress your customers!



#### **Product Features**

- Wild caught
- Crunchy premium coating
- Available in Sea Salt & Peppercorn or Firecracker flavours

- Naturally tender squid
- 40-65 pieces/kg
- Ready to serve simply cook from frozen
- Ocean Wise Recommended



### **Ingredients**

Sea Salt & Peppercorn: Squid, Wheat Flour, Water, Canola Oil, Distarch Phosphate, Sugar, Salt, Pepper, Sodium Phosphate, Sodium Bicarbonate, Yeast Extract, Spices, Soya Sauce Powder (Soybean, Salt, Wheat Flour, Water), Celery Seed, Spice Extract. Firecracker: Squid, Wheat Flour, Water, Canola Oil, Modified Corn Starch, Modified Tapioca Starch, Chili Pepper Flakes, Sugar, Salt, Garlic, Sodium Phosphate, Sodium Bicarbonate, Paprika, Egg White Powder, Hydrolysed Soy Protein, Flavour, Paprika Extract. Contains: Shellfish, Wheat (Gluten) and Soy (Firecracker Bites).

**May contain:** Fish, Crustaceans, Egg, Soy, Mustard, Sulphites.

## Nutrition Facts Valeur nutritive

Per 6 pieces (100 g) pour 6 morceaux (100 g)

pour o morceaux (100 g)	
Calories 190 % Dai	ly Value* tidienne*
Fat / Lipides 11 g	15 %
Saturated / saturés 2 g + Trans / trans 0 g	10 %
Carbohydrate / Glucides 12 g	
Fibre / Fibres 1 g	4 %
Sugars / Sucres 0 g	0 %
Protein / Protéines 12 g	
Cholesterol / Cholestérol 70 mg	
Sodium 480 mg	21 %
Potassium 125 mg	3 %
Calcium 10 mg	1 %
Iron / Fer 0.2 mg	1 %
*5% or less is a little, 15% or more is a lot	

\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

### Nutrition Facts Valeur nutritive

Per approximately 5 pieces (100 g) pour environ 5 morceaux (100 g)

Calories 190 % Dai	ly Value* tidienne*				
Fat / Lipides 11 g	15 %				
Saturated / saturés 2 g + Trans / trans 0 g	10 %				
Carbohydrate / Glucides 12 g					
Fibre / Fibres 1 g	4 %				
Sugars / Sucres 0 g	0 %				
Protein / Protéines 12 g					
Cholesterol / Cholestérol 70 mg					
Sodium 480 mg	21 %				
Potassium 125 mg	3 %				
Calcium 10 mg	1 %				
Iron / Fer 0.2 mg	1 %				
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup					

TV14249

TV14248



# CONVECTIONAL OVEN

Preheat oven to 428°F (204°C). Place frozen squid on a pre-heated baking sheet and bake for 24–26 min, turning over half way through cooking



#### DEEP FRYING

Preheat oil to 365°F (180°C). Deep fry from frozen for 3-4 min or until golden brown



ltem	Description	Brand	Origin	Pack	scc
TV14249	Sea Salt & Peppercorn Calamari Bites	Toppits	China	5/2 lb	10068689142494
TV14248	Firecracker Infused Calamari Bites	Toppits	Malaysia	5/2 lb	10068689142487

Dosidicus gigas | Catch Method: Wild Caught