



Brew 'n' Battered Cod

*Excellent Source of Protein
No Skilled Labour Required
Delicious Taste and Texture*



Brew 'n' Battered Cod

Experience traditional pub-style fish and chips with Toppits Brew 'n' Battered Cod. Coated in a delicious beer batter, this consistent product is sure to turn heads with its amazing plate presentation. Easy to use, simply place the frozen product into a deep-fryer or oven and cook until golden brown. With no mess, no waste and no skilled labour required, this product couldn't be more efficient. Your customers will love the home-style look and taste of this classic offering!



Product Features

- Coated in a delicious beer flavoured batter with a crispy texture and a flaky, sweet bite
- 100% yield results in no waste and mess
- Controlled and consistent portion sizes
- Can be baked or fried
- No skilled labour required
- Made in Canada
- From an MSC certified sustainable fishery. www.msc.org



Ingredients

Cod, Water, Canola oil, Wheat flour, Toasted wheat crumbs with spice extractives, Modified corn starch, Salt, Sugars (corn maltodextrin, sugar), Modified palm oil, Baking powder, Whey powder, Torula yeast, Garlic powder, Beer (malted barley, hops, yeast), Yellow corn flour, Guar gum, Extractives of paprika, Artificial flavour, Extractives of turmeric, Extractives of annatto.

Contains: Cod (fish), Wheat, Milk.

Nutrition Facts		Valeur nutritive	
Per 2 pieces (168 g)		pour 2 pieces (168 g)	
Calories 340	% Daily Value*	% valeur quotidienne*	
Fat / Lipides 17 g	23 %		
Saturated / saturés 1.5 g	10 %		
+ Trans / trans 0 g			
Carbohydrate / Glucides 25 g			
Fibre / Fibres 1 g	4 %		
Sugars / Sucres 1 g	1 %		
Protein / Protéines 21 g			
Cholesterol / Cholestérol 35 mg			
Sodium 560 mg	24 %		
Potassium 300 mg	6 %		
Calcium 30 mg	2 %		
Iron / Fer 1.5 mg	8 %		
*5% or less is a little, 15% or more is a lot			
*5% ou moins c'est peu, 15% ou plus c'est beaucoup			

Nutrition Facts		Valeur nutritive	
Per 1 piece (113 g)		pour 1 piece (113 g)	
Calories 220	% Daily Value*	% valeur quotidienne*	
Fat / Lipides 12 g	16 %		
Saturated / saturés 1 g	5 %		
+ Trans / trans 0 g			
Carbohydrate / Glucides 16 g			
Fibre / Fibres 1 g	4 %		
Sugars / Sucres 0 g	0 %		
Protein / Protéines 13 g			
Cholesterol / Cholestérol 35 mg			
Sodium 370 mg	16 %		
Potassium 200 mg	4 %		
Calcium 20 mg	2 %		
Iron / Fer 1 mg	6 %		
*5% or less is a little, 15% or more is a lot			
*5% ou moins c'est peu, 15% ou plus c'est beaucoup			

CODB15183

TV13916



CONVECTIONAL OVEN

Preheat oven to 400°F (204°C). Place product on a baking sheet and bake for 16-18 min



CONVENTIONAL OVEN

Preheat oven to 425°F (218°C). Place product on a baking sheet, bake for 18-20 min, flipping the product half way through cooking



DEEP FRYING

Preheat oil to 350°F (177°C). Deep fry from frozen for 6-8 min or until golden brown



SAFE HANDLING INSTRUCTIONS

Ensure product is cooked to an internal temperature of 158°F (70°C)

Item	Description	Brand	Origin	Pack	SCC
CODB15183	Brew 'n' Battered Cod Fillets, 3 oz	Toppits	Canada	2/5 lb	10068689151830
TV13916	Brew 'n' Battered Cod Fillets, 4 oz	Toppits	Canada	2/5 lb	10068689139166

Gadus macrocephalus | Wild Caught | Bottom Trawl Caught | FAO 67